



Newsletter

DATES COMING UP IN TERM 3:

Friday 31 July:

- 9:00am Year 6 to attend Mass

**THURSDAY 6 AUGUST:
SACRAMENT OF RECONCILIATION** 
4:30pm

Friday 7 August:

- 9:00am Year 5 to attend Mass

Saturday 8 August:

- Feast of St Mary of the Cross

**TUESDAY 11 AUGUST:
9:00am St Clare's Feast
Day Prayer Service
and Celebration**

Friday 21 August:

- Pupil Free Day – Staff Faith Day – School Closed

Friday 28 August:

- Book Fair Dress Up & Parade

**THURSDAY 24
SEPTEMBER:
LAST DAY OF TERM 3
FOR STUDENTS & STAFF**

**Friday 25 September:
Catholic Day – Pupil
Free Day –
SCHOOL & OSC WILL
BE CLOSED**

Dear Parents & Carers,

Be Humble!!

When I was thinking about this fortnight's Newsletter, the first one for Term Three, I sat back and watched our staff getting organised for the first few days. Many of them had spent days here over the break preparing for their students. As well as this, they have commenced a mammoth task of unpacking our Reading curriculum which is being done after school. One thing that clearly stands out was their humbleness while carrying out their tasks while helping each other out when needed. I am pretty lucky to be surrounded by amazing people here at Santa Clara.



If we are humble and sincere, God will finish in us the work He has begun. He never refuses His grace to those who ask it.

Catherine McAuley

As I went searching for a quote around this humbleness, I found the above Catherine McAuley quote that speaks of God finishing in us the work He began through our own actions. When we are humble, and bring others to the forefront rather than ourselves, there is grace that becomes a part of who we are. It is pretty special when we focus on the service of others with humility. It is so noticeable by others. It is a subtleness that others speak about quietly in their conversations. We all know this at SC because we see it daily in our kids, our families and our staff.

The grace we receive by being of service to others gives us the strength to continue to do what we do. This is what grace is all about. It is not tangible, you cannot grab it and hold it, it is just this energy, this feeling of resilience and service that comes upon us. It is about treating everyone with undeserved kindness, compassion and words that bring out the best in them.

Can you imagine the impact we will have if this is how we live our lives, treating others with undeserved kindness? Humbleness, service to others and this grace thing, wow, what a combination! It makes things interesting, and so, so exciting when we think about the impact we can

WE WILL INSPIRE

CREATIVITY • CARING • RESILIENCE • COURAGE • TRUTH

all make in being good to those with whom we come across in our daily lives. A challenge, but exciting none the less. This does lead me to my final section of this Post, a quote I found over the holidays. What a beauty it is. It defines 'diversity'.



I do like this diversity idea. I just look at my immediate family and see the diversity between all of us. I am sure you are the same. I mean, I look at my two daughters and think how are they so different, yet so much the same. I look at Izabella and see her personality and how she likes to plan out her time. Then I look at Sienna and how she thinks outside the box and is so creative.

There are so many times I see their differing ways of thinking coming out and then there will be occasions where I see such a core similarity. This is why this definition of diversity is so positive and so proactive in its meaning. I see just how good this diversity is. I am no handyman, so when I did some Library renovations (and I use that term very lightly!) I was able to use the skills of a good mate to get the job done. I was useful in holding things and going and getting food and drinks and the beloved coffee!! Someone is needed for that stuff too, a critically important role when you have others doing jobs around the place for you. Diversity, thinking independently together.

At SC, I look at the diversity that exists in our students and how it creates our sense of unity, it is what makes us special.

You know there are people in your life that are different from you. They have different skills, different personalities, yet it all works and you end up in these strong relationships. This is the beauty of diversity. The 'ying and yang' works. Diversity is such a good thing for all of us. The idea that we can all think independently and have different opinions on something, yet be able to work together to get the best result is what is exciting. Diversity is a good thing. Being different and not always conforming is good for us. Knowing difference is good, and that having a voice, knowing it will be accepted in good grace, then we are well on the way to embracing difference. This is the type of environment I want here for our students.

Kindergarten 2021 Enrolment Applications

If you have a child born between 1st July 2016 – 30th June 2017, they are due to attend Kindergarten in 2021. Application forms are available at the office. Please return application forms to the school office ASAP. We don't want you to miss out!

Awards Assemblies

As Phase 5 restrictions have been pushed back to 15 August, we have made the decision to cancel our Awards Assemblies for the first five weeks. In Week 6 we hope to recommence our Awards Assemblies in line with the restrictions being lifted.

Keep well over the next few weeks and enjoy the diversity that exists in your life.

Have a blessed fortnight!

Clinton Payne
Principal

INFORMATION FROM THE ASSISTANT PRINCIPALS

Ms Fiona Messer & Mrs Kristy Madafferri

RELIGIOUS EDUCATION

THE WORD

The disciples said to Jesus "Let people go so that they can find something to eat. All we have is five loaves and two fish." But Jesus said, "Bring them to me". Looking up to heaven, he gave thanks to God and broke the bread. His disciples gave the food to the people who ate as much as they wanted. There were more than 5,000 people there that day.

LOOK CLOSER

Body & Soul:

This reading shows that God is not only concerned about spiritual things; God wants to provide for our physical needs as well. God cares when we feel sick. He wants to help when we are hungry and lacking in clothes or a home.

Talk about it: Do you ever talk to God about your needs?

PRAYER SPACE

Symbol: Bread

Lord God,
You provide for us in so many ways. Teach us to trust in you and turn to you in our need. Amen.

DID YOU KNOW?

St Theresa Benedicta was born Edith Stein and was a renowned Jewish-German philosopher. She converted to Catholicism and became a nun. When the nazis began persecuting Jews in the 1930s, St Theresa wrote to the Pope asking him to condemn the Nazis. She then moved to the Netherlands for protection. However, in 1942, the Dutch Bishops condemned Nazi racism and as payback, the Nazis arrested and sent all Jewish converts to the Auschwitz concentration camp. St Theresa died in the gas chambers later that year with thousands of Jews.

UPCOMING EVENTS

6 Aug The Sacrament of Reconciliation will be celebrated in the Church on Thursday 6th August 2020 at 4.30pm. Please pray for the students receiving this sacrament.

11 Aug Saint Clare's Feast Day See flyer for important information

21 Aug Pupil Free Day Don't forget to book into OSHC if you require care for your child.

28 Aug Book Week Parade We will be celebrating Book Week with a dress up parade. Students are encouraged to dress up as their favourite character from a book.

TEACHING AND LEARNING

For the next 4 weeks, the students will be learning about our Core Value, Caring Cameron. You are caring when you show empathy and concern for others. You put the needs of others before you own. You treat others with kindness and are sensitive to people's feelings. By being caring you appreciate others, are polite and a good listener. When you are caring you share, say you are sorry and are generous.



Over the next 4 weeks, you may like to point out when your child is being like Caring Cameron.

IMPORTANT INFORMATION

We welcome 3 Notre Dame University students, for their final prac, to Santa Clara School this term - Samantha Romeo is in Pre-Primary, Chelsey Watkins in Year 2 and Andre Micale in Year 5. We are sure that they will learn lots from their prac teachers and enjoy their time here.



Students will be participating in additional fitness classes throughout the week as they prepare for the school athletics carnival. Your classroom teacher will inform you if you child is required to wear their sports uniform on an additional day.



CANTEEN & UNIFORM SHOP



UNIFORM SHOP OPEN WEDNESDAY MORNINGS

From 8:20am –
9:30am

New Email:
uniform@
santaclara.
wa.edu.au

CANTEEN NEWS

The canteen now offers a choice of a side salad with any Chicken Nugget order for an extra \$1.00.

Side salad will consist of carrot sticks, cucumber, tomato and shredded lettuce.

Also available on Fridays are Crumbed Fish and Salad for \$4.00.

You can also add a side salad to your Fish and Gem order for an extra \$1.00.

Quickcliq can be accessed at the following website address for Canteen & Uniform Shop purchases:

www.quickcliq.com.au

Please feel free to sign up to the service now and set up your account.

Please read the instructions at: <https://quickcliq.com.au/LearnMoreParents.aspx>



P&F News

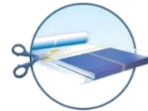
PARENTS & FRIENDS

- The next P&F Meeting will be held on Tuesday, 18 August at 6:00pm in the MakerSpace room. ALL WELCOME.

Find us on Facebook:
Santa Clara Primary School P&F



<https://www.facebook.com/groups/1434716443415256/?ref=bookmarks>



BOOK COVERING

If you are able to help with some book covering, please come and see me in the Library on Tuesdays and maybe grab a bundle or two.

Thanks so much
from Mrs Kinsman



Learn Keyboard at . . . Santa Clara School!

- ◆ Prices are per lesson and start from \$17.50 for a group lesson of 4
- ◆ Held after school on site
- ◆ Enrol online at . . .

www.keyedupmusic.com.au/enrolment-form

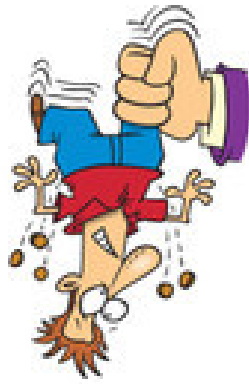


Phone: 1300 366 243

Email: enquiry@keyedupmusic.com.au

Web: www.keyedupmusic.com.au

Loose



Change??

For the duration of Term 3 the P&F are



collecting your coins!

***The class who collects the most money
will win a class party courtesy of the
P&F on the last day of the Term.***

Start collecting today!

Thank you kindly for your support.

A Message from the School Health Nurse

Dental Health - Keep Your Child's Teeth Healthy

What is Tooth Decay?

Tooth decay is a **diet-related disease that damages teeth**.

Tooth decay happens when germs in the mouth create a sticky covering called plaque on the tooth surface. These germs feed on sugars in food and drinks and produce an acid that damages the tooth surface. Over time, this acid eats away at the surface of the tooth, creating holes or 'cavities'.

Tooth decay can cause **pain and infection**. It can even affect children's growth. Severe decay in baby teeth can have serious consequences for your child's nutrition, speech, and jaw development.

The longer tooth decay is left untreated, the more your child will experience:

- Pain and discomfort
- A higher risk of new decay in other baby and adult teeth
- More complicated and expensive treatment
- Anxiety when he visits a dentist
- Loss of time at school

Tooth decay is also called **dental caries**.

Signs of Tooth Decay

Early tooth decay can be hard to spot. The first sign of tooth decay is when teeth develop a dull, white band along the gum line (the area at the base of the teeth, near the gums). You might also see brown spots on the teeth, and the gums might be red and swollen.

With **more advanced tooth decay**, you might notice blackened holes in the teeth or broken teeth. If the decay has led to an infection, you might notice lumps or pimples on the gums or swelling around the gums and face.

Tooth Decay Prevention: Three Key Steps

There are three key steps your child can take to prevent tooth decay:

- Brush teeth twice a day, using fluoride toothpaste.
- Eat a healthy, low-sugar diet, and develop healthy eating habits.
- Have regular dental check-ups with the dentist.

Healthy Foods and Drinks to Prevent Tooth Decay

- Cleaning teeth isn't a guarantee against tooth decay. The types of food and drink you give your child also affect dental health and the development of tooth decay.
- Children need a wide variety of healthy foods and snacks. Foods and drinks that are low in sugar are best. Avoid giving your children sweet biscuits or cakes. If your child does eat something sweet, drinking a glass of water can reduce the amount of acid on your child's teeth.

Other Ways to Avoid Tooth Decay

- **Being a Role Model**
You can set a good dental health example for your child by brushing your own teeth twice a day, limiting your sugar intake, and being positive about going for dental check-ups.
- **Bottle-feeding**
It's recommended that you don't settle your child in bed with a bottle of milk. Settling children to sleep with bottles can lead to tooth decay. This is because there's less saliva in your child's mouth to protect her teeth during sleep, so milk can build up and eat away at the enamel.
- **Sports and Sugary Drinks**
The acidity and sugar in sports and sugary drinks can cause decay and damage your child's teeth, particularly if your child drinks them regularly. This can lead to permanent damage to your child's teeth and further dental treatment.
It's best for your child to avoid these drinks, and to drink plenty of water instead. If drinking sugary and sports drinks, it's good to rinse with water straight away and to brush teeth with a fluoride toothpaste about an hour later.