



# Santa Clara School

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4 April 2019

## IMPORTANT DATES:

### Thursday 4 April:

- 4:30pm  
Reconciliation  
Parent/Child  
Workshop

### Friday 5 April:

- Interschool  
Swimming Carnival  
at Belmont Oasis
- 2:30pm Assembly

### Sunday 7 April 5<sup>th</sup> Sunday of Lent



### Monday 8 April:

- 9:00am Palm Sunday  
Assembly – Year 1  
RE Assembly

### Tuesday 9 April:

- 9:00am Last Supper  
& Garden of  
Gethsemane  
Assembly – Year 3  
RE Assembly

### Wednesday 10 April:

- 9:00am Stations of  
the Cross – Year 5  
RE Assembly
- Easter Raffle Draw

### THURSDAY 11 APRIL 2019

#### > LAST DAY OF TERM FOR STUDENTS

- > 9:00am End of Term  
Mass lead by Year 2
- > 10:50am ANZAC Day  
Service – Year 4  
Curriculum Assembly



### FRIDAY 12 APRIL PUPIL FREE DAY – SCHOOL CLOSED

### MONDAY 29 APRIL PUPIL FREE DAY – SCHOOL CLOSED

### TUESDAY 30 APRIL 2019

#### > TERM 2 BEGINS FOR STUDENTS

- > 6:00pm P&F Meeting
- > 6:45pm Board Meeting

### Wednesday 1 May to Friday 3 May - Year 6 Camp

### Thursday 2 May:

- 4:30pm Parent/Child  
Holy Communion  
Workshop

## Prayer:

Loving God,  
You have taught us to listen to  
the wisdom of the tiny mustard seed,  
reminding that harvest comes  
from the tiniest seed planted in the earth.  
May we allow the seeds of hope growing  
in us to come to fruit and bear  
abundantly in the world today.



## Dear Parents/Carers, Staff and Students

Schools are dynamic 'people organisations' and as a school community we all have a vested interest in the well-being of the school. The working relationship between the home and the school is a vital link, ensuring a positive and productive education for every child.

As Principal, my number one priority is the happiness and safety of every child. Children who are feeling happy and safe are receptive learners. If you have concerns about your child, please contact us, as 'problems' are far more easily attended to now!

### 2019 End of Term One

The term comes to an end; but what an exciting and productive term it has been, both for students and the teachers.

I would like to thank all my Teachers, Teacher Assistants, Admin Officers, Grounds Person and Cleaning Staff for

their dedication and commitment in the work they do. They will certainly enjoy a well-deserved break. A big thank you to all staff at Out of School Care as they continue to look after our children during school holidays.

I would also like to thank all mums and dads who helped out during the term. A very special thank you to the School Board and P&F for all you do for our school and continue to do so. Your immense help provides our children with the resources and education they need to become good citizens of tomorrow.

JUST A LITTLE  
*Reminder*

**FRIDAY, 12 APRIL 2019  
PUPIL FREE DAY –  
SCHOOL CLOSED**

### Teachers' Aides at Santa Clara School

I take this opportunity to highlight the importance of the role of teacher aides in today's learning and teaching as they support the demanding and complex work of teachers.

While teacher aides do not have the same level of qualification, training and experience as teachers, they are valuable assets to teachers and students. When we utilise teacher aides effectively, they can free up the administrative workload so that teachers are able to work with the most vulnerable students in the class.

Having the presence of another adult in the classroom, also means that the teacher aides are able to work with small groups of learners to practise skills, particularly social skills like sharing and listening. Teacher aides also manage structured learning activities that help students to consolidate new ideas and concepts. All of this contributes to learners staying on task and ensuring that classrooms operate most effectively. That experience of being able to work alongside accomplished teachers while developing a great rapport with students is a powerful one. In fact, some teacher aides go on to become qualified teachers themselves. I know the school year has only just begun but when Christmas rolls around again and you're thinking about acknowledging the work of your child's teacher, remember that many hands (in the learning space) make light (teacher's) work.

**School commences Term Two for staff on Monday, 29 April, and for students, on Tuesday, 30 April.**

### Code of Conduct

Santa Clara School has a Code of Conduct to describe the minimum standards of conduct for all those who engage or join with Santa Clara, in any capacity. It is an expectation that all who join the school will comply with the Code of Conduct.

The Code of Conduct outlines the work practices, behaviours, relationships, attitudes and responsibilities for staff, parents, volunteers, visitors, and students at Santa Clara School. It applies to all current and future staff, parents, visitors, volunteers and students at Santa Clara

School.

A comprehensive copy of the Code of Conduct is available on our school's website. I urge all families to read this document.

### Winter Uniform

**A reminder to all parents/guardians and students that winter uniform is worn from the first day of Term 2.**

### ANAPHYLAXIS

What is Anaphylaxis?

"Anaphylaxis is a severe and sudden allergic reaction. It occurs when a person is exposed to an allergen. Anaphylaxis is potentially life threatening and always requires an emergency response."

There are a few children who are Anaphylactic at Santa Clara Catholic Primary School. The products that they are allergic to include nuts, eggs, milk, bananas and many more. It is impractical to ban all foods that these children are allergic to from our school. Nuts are a product that can be avoided easily. We ask that you don't pack nuts or nut products (nut bars) for consumption at school. Please leave these to eat when your child returns home from school.

Washing hands is a very important means of cutting down contamination within the school. Please remind your child that after eating at school they should always wash their hands to remove any residual food.

Sharing of food is not permitted at this school. Your child should only eat the food that is packed for them and not share with anyone else. It may seem a nice gesture but it could turn out to be very serious.

Keeping these simple thoughts in mind will help to keep these children safe.

God bless

**Richard Win Pe**  
**Principal**



## ASSISTANT PRINCIPAL NEWS

### HOLY WEEK

Next Monday, we will be starting our Holy Week celebrations.



Holy Week looks at and celebrates the last week of Jesus' life. In order to reflect and remember the sacrifice Jesus made for us, some of the classes will be holding a special reflection looking at one part of Holy Week.

The first celebration will begin on Monday, 8 April, with a reflection about Palm Sunday. We will then reflect on the Last Supper and Garden of Gethsemane on Tuesday, 9 April, and the Stations of the Cross on Wednesday, 10 April.

Each of these celebrations will be held in the Hall at 9:00am. All parents, family members and friends are more than welcome to join us for these reflections.

### End of Term Mass

On Thursday, 11 April, we will come together as a school community to celebrate the Eucharist in our end-of-term Mass, which will focus on the theme of Lent and Easter. Please feel free to join us as a beautiful way for us to finish our term off, coming together to pray and worship. Mass will commence at 9:00am.

### Reconciliation and Eucharist Sacraments

Both these Sacraments will be held next term for children in Years 3 (Reconciliation) and 4 (First Holy Communion). Parents are reminded that if they would like their child to receive a Sacrament this year, they must make the time to support them in becoming prepared. This includes attending any Parent meetings and Sacrament rehearsals.

**The Parent-Child Workshop for the Sacrament of Reconciliation will be held TODAY, Thursday, 4 April at 4:30pm** and the **Sacrament of First Holy Communion Parent-Child Workshop** will be held in the first week back next term on **Thursday, 2 May at 4:30pm**. All children receiving a Sacrament are expected to attend with one or both of their parents.

The Sacrament of Reconciliation will be held on Thursday, 23 May (Week 4) at 4:30pm and the Sacrament of First Holy Communion will be held on Sunday, 23 June (Week 8) at 9:30am. The First Holy Communion Mass will be followed by morning tea.

### Anzac Day Reflection

On Thursday, 11 April, the Year 4 class will lead us through a reflection about ANZAC Day which falls during the holidays on Thursday, 25 April. At this service, we will remember those who fought for us and died in this conflict and pray for peace in our world.

We invite all parents and family members to reflect with us in the Hall at 10:50am.

**PROJECT  
COMPASSION**

Fifth Sunday of Lent  
7<sup>th</sup> April 2019



Salma was just 18 years old, pregnant and fearful for her life and that of her unborn child, when she featured in Project Compassion 2013. In Bangladesh, maternal and infant mortality rates are tragically high. During her first pregnancy, Salma was very sick and in distress, she sought the help of a midwife trained by Caritas' Safe Motherhood Program. Six years on, she's now a healthy mother of two strong, happy children. Salma is committed to giving her children the education they need to provide them with the future she hoped for.

Please donate to Project Compassion 2019 and help reduce infant mortality rates in countries like Bangladesh and provide hope to pregnant women in remote communities for happy and healthy families.

Lives change when we all give 100%. You can donate through Parish boxes and envelopes, by visiting [www.caritas.org.au/projectcompassion](http://www.caritas.org.au/projectcompassion) or phoning 1800 024 413.

### Term Two Starts....

A reminder to all parents and carers that Term 2 commences for all children on Tuesday, 30 April. I would like to wish all our children a safe, relaxing and enjoyable school holidays. Please take care as we really want to see all your happy, smiling faces back with us on Tuesday 30<sup>th</sup>.

**Fiona Messer**  
**Assistant Principal**





# TODAY

## Reconciliation Prior to Sacraments:



### Prior to Eucharist:

Friday, 21 June 2019  
From 4:00pm – 5:00pm  
and

Saturday, 22 June 2019  
From 11:00am – 12:00noon

### Prior to Confirmation:



Friday, 6 September 2019  
From 4:00pm – 5:00pm  
and

Saturday, 7 September 2019  
From 11:00am – 12:00 noon

## Parent-Child Workshops:

### Reconciliation:

Thursday, 4 April 2019  
From 4:30pm to 6:00pm

### Eucharist:

Thursday, 2 May 2019  
From 4:30pm to 6:00pm

### Confirmation:

Thursday, 1 August 2019  
From 4:30pm to 6:00pm



## Celebration of Sacraments:

### Reconciliation:

Thursday, 23 May 2019 at  
4:30pm

### Holy Communion:

Sunday, 23 June 2019 at 9:30am  
(Followed by Morning Tea)

### Confirmation:

Sunday, 8 September 2019  
at 9:30am  
(Followed by Morning Tea)



## Santa Clara P & F Easter Raffle

A friendly reminder to place donated chocolates in the baskets provided in your classroom by Monday, 8 April.

All money and tickets are to be placed in the P & F box provided in the school office foyer by no later than Tuesday, 9 April, in a clearly marked and sealed envelope.

**Prizes will be drawn in the classrooms on Wednesday, 10 April.**

Thank you to all who have already kindly donated and returned raffle tickets.

## UNIFORM NEWS

A reminder that winter uniform is to be worn from the first day of Term 2, Tuesday, 30 April.

There will be a 2 week transitioning period to accommodate weather changes.

**Sonia Thiel**  
**Uniform Shop**  
**Coordinator**

## CANTEEN NEWS

Kindy are able to order the following items on Fridays for lunch:

Ham & Pineapple Pizza \$3.50  
OR  
Chicken Nuggets 4 for \$3.00  
6 for \$4.50

Find us on Facebook:  
Santa Clara  
School Canteen



**Sonia Thiel**  
**Canteen Manager**

## Loose Change??



**For the duration of Term 2, the P & F are collecting your silver coins.**

**The class who collects the most money will win a class party courtesy of the P & F at the end of the Term!**

**Start collecting today!**



Thank you for your support.

## Mother's Day Raffle

The P & F will be running a Mother's Day Raffle. Spoil your Mum this Mother's Day with a gorgeous hamper.

\$2 each or 3 for \$5

Tickets will be sent home with your child next term.

The prize will be drawn at school assembly on Friday, 10 May.

Thank you for your support.

# YEAR ONE



## Frankie

*"I made a rabbit. She is a cube and she has a fluffy tail. My cube has six faces and eight corners."*

## Aayan

*My monster is a cube. He has eight corners and twelve sides. His legs are cylinders and his eyes are circles. My monster has six faces.*



## July & Dona

*"You can halve the number four. Half of four is two." - July*

*"You have to split your number or shape into two halves and you must remember the two parts have to be the same." - Simrit*





Woolworths is thrilled to announce that the Woolworths Earn & Learn program is back for 2019.

Collect your stickers every time you shop at Woolworths and place them in the box provided in the school office for our chance to earn some fantastic educational resources for our school.

**Starts Wednesday, 1 May 2019.**

**Thank you for your support.**



## Perth Goju Karate

Perth Goju Karate teaches karate classes at Santa Clara Catholic Primary School, in the school hall.

**A special offer for Santa Clara students - 4 WEEKS FREE beginners karate lessons!**

Classes are held after school on Tuesdays and are a great way for children of all ages to learn self-defense in a fun and safe environment.



PERTH GOJU KARATE

We also teach classes for teens and adults and they are fantastic for fitness, wellbeing and of course, self-defense.

Students who attend the school's on-site After Care are collected and taken to the class in the hall and returned to After Care when their class is finished.

Classes continue over the school holidays (with a short break over the Easter period) which makes it perfect for the kids who are looking to try something on the holidays.

Karate has many benefits which include confidence, respect, discipline and fitness.

Call now to take advantage of this 4 week trial.

Sensei Johnny Moran - 0402 830 402



Keyed Up Music will be running Keyboard lessons at Santa Clara Primary School in Term 2.

Prices start at \$17.55 for a Keyboard group lesson.

To enrol, go to:

[www.keyedupmusic.com.au/enrolment](http://www.keyedupmusic.com.au/enrolment)

or for more information, please contact Therese on 1300 366 243.



## Curtin University

### Maths Enrichment Classes 2019

Curtin University is running a 16 weeks Mathematics Enrichment Program for students in Years 5 – 11.

The classes have been scheduled for 8 weeks in Term 2, starting Monday, 28 April 2019, and 8 weeks in Term 3, starting Monday, 22 July 2019.

*Places are limited.*

For more information, please visit:

<http://scienq.curtin.edu.au/science/mathematics-s-and-statistics/mathematics-enrichment-classes/>

## INFORMATION FROM THE COMMUNITY HEALTH NURSE

### SCHOOL ENTRY HEALTH ASSESSMENT

All children in Western Australia are offered a health assessment during their first year of primary school. This usually occurs in Kindergarten and is provided by the local School Health Nurse. This is an excellent opportunity to look at the health and development of each child at the beginning of school life.

The assessments are simple, standard tests which are non-invasive, quick and easy. The tests screen for problems which are best addressed, if picked up and treated early. The tests include:

- Vision and hearing checks
- 'Lift the lip' assessment
- Growth assessment including weight, height and Body Mass Index
- Developmental evaluation according to parent responses on the form
- Teacher and nurse observations
- Any other health, development and wellbeing concerns raised by parents.

Your child's results will be sent home after their health check has been completed. Results are always treated confidentially.

Please note, the screening tests indicate if there may be a problem – they do not diagnose a condition. If the test results for your child suggest there may be a problem, the School Health Nurse will contact you to talk about further assessment and possible referral.

When School Entry Health Assessment forms are distributed, **please complete and sign the back page of the form before you return it. Please return the form to the class teacher as soon as possible.**

I look forward to working with you and your family. Please phone if you wish to discuss anything to do with the School Entry Health Assessment.



### HEAD LICE

Head lice are tiny insect parasites that live on your head and feed on your scalp. Head lice are spread by head-to-head contact with another person who has head lice. This kind of contact includes doing group work, playing, or hugging.

#### Tips for Preventing Head Lice:

- **Check your child's hair regularly** for head lice and eggs ('nits'). Use a metal fine tooth 'nit' comb and plenty of hair conditioner applied to the dry hair, to make the task easier and more effective. To help children sit still for this, offer distracting activities, e.g. play a favourite video, provide games, iPad apps, offer a head massage.
- **Tie long hair back.** Braid long hair and/or put it up if possible.
- **Consider applying hair gel or mousse.** These do not prevent or repel lice but may help to keep stray hair strands from contact with other heads.
- **Avoid sharing combs or brushes.**
- **Remind your child to avoid head-to-head contact** with other children, e.g. when working at the computer with others, or when playing, or hugging.

***If your child has head lice please notify the teacher.***

For more information:

- Request the Head lice Fact Sheet available from the school
- Visit: [http://healthywa.wa.gov.au/Articles/F\\_I/Head-lice](http://healthywa.wa.gov.au/Articles/F_I/Head-lice)

## HEALTHY EATING FOR FAMILIES

In our modern society, very few of us use up enough energy to take on the extra calories of 'treat' food and drinks. The Australian Dietary Guidelines provide up-to-date advice about the amount and kinds of foods and drinks that we need regularly, for health and well-being.

By providing your family with the recommended amounts from the Five Food Groups and limiting the foods that are high in saturated fat, added sugars and added salt, your family will get enough of the nutrients essential for good health, growth and development. A healthy diet reduces the risk of chronic diseases such as heart disease, type 2 diabetes, obesity and some cancers.

The amount of food your child will need from the Five Food Groups depends on their age, gender, height, weight and physical activity levels. For further information go to [www.eatforhealth.gov.au](http://www.eatforhealth.gov.au).

### Healthy Lunchbox Ideas

Your child's lunch box can contain food from all of the five food groups. The food groups are breads and cereals, fruit, vegetables, meat/meat alternatives and dairy/dairy alternatives.

Try these in the lunchbox:

1. Lean ham and salad wrap
2. Banana and handful of grapes
3. Sliced vegetables (carrots, cucumber, tomatoes)
4. Handful of reduced fat cheese cubes
5. Bottle of water

Remember, children who help plan and prepare their own lunch are more likely to eat it. Your child might like to try out this fun, 'Interactive Lunchbox' website:

[www.goforyourlife.vic.gov.au/hav/articles.nsf/html/index.html](http://www.goforyourlife.vic.gov.au/hav/articles.nsf/html/index.html).

### Shop Smart and Eat Healthy - Tips for Parents

- ✓ **Go shopping with your children** and allow them to choose the healthy foods that they enjoy eating. For example, ask children to choose some of the fruit and vegetables.
- ✓ **Shop twice a week** - fresher fruits, vegetables, breads and meats are more likely to appeal to the whole family.
- ✓ **Buy in season** - seasonal fruits and vegetables taste great, are better quality and are better value for money.
- ✓ **Select small pieces of fruit** - younger children prefer smaller pieces of fruit as they are easier to handle.
- ✓ **Choose quality** - try to avoid bruised fruit or vegetables.
- ✓ **Encourage variety** - so that your child does not get bored with their food