

# CANTEEN SUMMER MENU TERM 1 2018

The Canteen is open from 8:20am each Monday & Friday.

Canteen orders for Kindy (Fridays), Pre-Primary, Year 1 & Year 2 are to be placed in the boxes provided in the classrooms.

Canteen orders for Years 3 – 6 are to be taken directly to the Canteen before 8:50am.

Please ensure all lunch order bags are prepared prior to arriving at school and include child's name and class and preferably correct money.

If change is needed it will be taped to the front of the bag. No foreign coins please.

Late orders will only receive a Vegemite Sandwich.

#### **VOLUNTEERS ARE ALWAYS WELCOME.**



Our Canteen follows the Department of Education's Healthy Food and Drink policy and "traffic light" system and has been accredited by the City of Canning.

- R Red items not on the menu
- A Amber items limited on menu, select carefully
- G Green items fill the menu, healthy choice

#### SANDWICHES, ROLLS AND WRAPS

## **Available Monday and Friday**

Sandwich Roll or Wrap

Vegemite

Cheese \$2.50 \$3.50

Egg Ham

Sandwich Roll or Wrap

Ham & Salad

Chicken & Salad \$3.50 \$4.50

Tuna & Salad Egg & Salad

( salad consists of carrot, tomato, cucumber , lettuce )

Extras cheese, beetroot, pineapple add 20c each

### **TOASTED SANDWICHES**

# **Available Monday and Friday**

Cheese	\$3.00 G
Ham	\$3.00 G
Cheese & Tomato	\$3.50 G
Ham & Cheese	\$3.50 G
Ham, Cheese & Tomato	\$4.00 G
Chicken	\$3.50 G
Chicken & Cheese	\$4.00 G
Chicken, Cheese & Tomato	\$4.00 G
Baked Beans	\$3.00 G
Spaghetti	\$3.00 G

Please make sure you write TOASTED next to your selection





#### **MONDAY SPECIALS**

Pizza – Ham & Pineapple	\$3.50 A
Sweet Corn Cob	\$1.00 G
Chicken Nuggets	4 for \$3.00 A
	6 for \$4.50 A
Lasagne Tray	\$4.00 G

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Hot Dog with sauce \$4.00 A
Sweet Chilli Chicken Wrap. \$4.00 G

(Sweet chilli strip, Mayo , lettuce, carrot, cucumber, tomato)

Salad Tray \$4.00 G

(Lettuce,tomato,cucumber,carrot)

Sushi – Tuna or Chicken \$5.00 G

## Please note Sushi may not be available every Monday ##

Please have an alternative choice ready



# FRIDAY SPECIALS

Twista Bolognese	\$4.00 G
Sweet Corn Cob	\$1.00 G
Chicken Burger with Salad	\$4.50 G

(Crumbed chicken, lettuce, tomato, carrot, cucumber, mayo)

Chicken Taco Boat. \$4.00 G

(Mexi Chicken in a Tortilla boat,tomato,lettuce,cheese,salsa)

Fillet O'Fish & Gems \$4.00 A Salad Tray \$4.00 G

(Lettuce,tomato,cucumber,carrot)

Slams- 8 mini beef Party Pies \$4.00 A

## Salad Trays can add a choice of Egg, Cheese, Ham or Chicken for \$1.00

**Tomato Sauce 40c** 

#### **DRINKS**

These drinks are available for recess and can be ordered with lunch

Plain Milk	250ml	\$1.00 G
Flavored Milks		
Chocolate	300ml	\$2.00 G
Strawberry	300ml 📶	\$2.00 G
Pop Top 99% Juice	Thomas and the second	Contr
Apple	250ml	\$1.50 A
Apple & Blackcurrant	250ml	\$1.50 A
Water	600ml	\$1.50 G

#### **RECESS**

A *selection* of the following items will be available at 10:30am for Recess on Mondays & Fridays. *Please note that these items will not be available to order for lunch. Kindy cannot order recess items.* 

Pikelets	50c	G
Apple Slinky	50c	G
Fresh Fruit	50c	G
Choc Cake and Custard	50c	G
Fruit Muffin	\$1.00	G
Cheesies	\$1.00	G
Cheese and Crackers	\$1.00	G
Yummy Drummies	\$1.50	Α
Organic Pop Corn	\$1.00	G
Sippah Straw and Milk	\$1.50	G
Nachos (Friday only)	\$2.00	Α
Pizza Slice ( Friday only)	70c	Α

#### **LUNCHTIME**

The following items will only be available at Lunchtime from 1:00pm to 1:25pm at the canteen so please don't put these items on lunch orders (exception for Kindy and Pre-Primary).

Quelch Juice Stick		\$1.00	Α	
Zing Ice Stick		\$1.00	Α	
Yowie Choc Shake		\$2.00	Α	
Bulla Frozen Yoghurt-Mango or Strawberry		\$2.00	Α	
Light Ice Cream Bucket	-	\$2.00	Α	1
LOL 99% Fruit Juice	250ml	\$2.00	Α	