# Santa Clara School

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#### IMPORTANT DATES

Thursday 17 August:
Book Fair Sales

2:45pm - 3:15pm

Friday 18 August:

- Book Fair Sales 8:20am 8:40am
- 9:00am Year 6
- 9:00am Year 6
  Participation Mass
  1:30pm Walk Through
  Art Gallery
  2:15pm Year 3
  Curriculum Assembly

- Friday 25 August:
  9:00am Year 3
  Participation Mass
  2:15pm Year 4
  Curriculum Assembly

- Tuesday 29 August:
   9:00am Fr Chris to visit
  Year 1 Classroom
   6:00pm P&F Meeting
   6:45pm Board Meeting

Friday 1 September:

- 9:00am Kindy & Pre-Primary Athletics Carnival
- 2:15pm Year 1 **Curriculum Assembly**
- SCHOOL DISCO



**SUNDAY 3 SEPTEMBER** 

Friday 8 September:

- NO CANTEEN TODAY
- Faction Athletics **Carnival**
- SUBWAY LUNCH **ORDERS**
- No Assembly today



SUNDAY 10 SEPTEMBER 9:30am CONFIRMATION **MASS AT SANTA CLARA CHURCH** 

Friday 15 September: Interschool Athletics

Carnival 2:30pm Assembly

> **THURSDAY** 21 SEPTEMBER LAST DAY OF TERM FOR STUDENTS

FRIDAY 22 SEPTEMBER **PUPIL FREE DAY -**STAFF PD -**SCHOOL CLOSED** 

17 August 2017

#### PRAYER: PRAYER FOR STUDENTS

Father of Light and Wisdom, thank you for giving me a mind that can know and a heart that can love.

Help me to keep learning every day of my life-no matter what the subject may be. Let me be convinced that all knowledge leads to you and let me know how to find you and love you in all the things you have made.

Encourage me when the studies are difficult and when I am tempted to give up. Enlighten me when my brain is slow and help me to grasp the truth held out to me.

Grant me the grace to put my knowledge to use in building the kingdom of God on earth so that I may enter the kingdom of God in heaven.

Amen.

What a fabulous last two weeks we have had at Santa Clara School? The children have had the privilege of attending mass and acknowledging the Feast Day of Mary MacKillop, Feast Day of St Clare and the Assumption of the Blessed Virgin. In addition to this, the children have enjoyed a week of exciting Book Week activities. Special thanks to the staff committees who organised all the events throughout the two weeks.

## ST CLARE'S FEAST DAY

What a fantastic St Clare's Feast Day we have last Friday. Sincere thank you to everyone in making this year's Santa Clara Feast Day such a success. I have no doubt that St Clare would have been so proud of the day.

The day started with a beautiful mass. Thank you to some of the Year 1's and Year 6's who beautifully. Thanks to Miss Carcione. Mrs Rebello and Mr Tulett in preparing

the children, and Mrs Klomp for organising the music. Father Chris mentioned how beautifully everyone sang.

The school fete was buzzing with excitement. Great job to the teachers and EA's for the preparation for your stalls. Not only the staff and students, but many parents attended and helped during the fete. Great to see the variety of games and activities made up by the Year Six students. Thank you to Miss Cooper for organising great prizes for the art raffle.

The new-improved Talent Show showcased how much talent our students have. From singing, dancing, magicians, instrument playing, every performance was a stand-out. Thank you to Miss Carcione for organising a seamless talent show and Mrs Grech and Mrs Madafferi for helping with auditions. Thank you to the Year 6 students, Adeday and Aaliyah, who

hosted the show. We certainly have talent at Santa Clara!

Thank you to the P&F for providing the sausage sizzles for lunch; they were delicious. Special mention to Mrs Kinsman, Mrs Thiel and Mr Nunn. Mr Nunn is the king of the BBQ!

The day finished with tabloid activities. Thank you to Miss Partington and Mrs Nunn for setting up the 'Dancing Queen' activity in the hall, Mrs Carcione with art in Pre-Primary, and Miss Fitzpatrick with sport on the oval.

Another successful St Clare's day. Well done one and all! A record total of \$1172.50 was raised from the day and will be sent to the Catholic Missions.

# YEAR THREE ASSEMBLY – FRIDAY 18 AUGUST 2017

Tomorrow, Friday 18 August, the Year Three class will be presenting their Curriculum Assembly. The Assembly will commence in the hall at 2:15pm. Thank you to Mrs Armstrong and the students for an anticipated exciting Assembly.

# YEAR THREE PARTICIPATION MASS – FRIDAY 25 AUGUST 2017

The Year Three class will be attending Mass at the School Parish next Friday at 9:00am. Parents are welcome to attend.

# YEAR FOUR ASSEMBLY – FRIDAY 25 AUGUST 2017

Next Friday, the Year Four class will be presenting their Curriculum Assembly in the hall, commencing at 2:15pm.

# YEAR ONE CLASSROOM VISIT BY FATHER CHRIS – TUESDAY 29 AUGUST 2017

On Tuesday 29 August, Father Chris will visit the Year One classroom at 9:00am. Parents are welcome to attend.

## Larry King Acting Principal



The West Australian and Channel Seven are giving West Australian Schools the chance to WIN a share of \$20,000. On Saturday 26 August, Wednesday 30 August and Saturday 2 September 2017, an entry coupon will appear in The Weekend West.

To be in the running to WIN, we are asking families to collect as many entry coupons as possible. Ask your friends, uncles, aunts, grandparents! Collect them up and drop them off at the school office.



# Athletics Carnival Lunch Order

The P & F are organising Subway for lunch for all students for the Year 1 - 6 Athletics Carnival on **Friday 8 September 2017.** 

Please note: The Canteen **WILL NOT** be open for any orders on this day.

Order forms will be sent home next week.



# WOOLWORTHS EARN & LEARN

Don't forget to keep collecting your stickers every time you shop at Woolworths!

Earn 2 bonus stickers when you purchase any products from participating brands until <u>August 22nd!</u> Participating brands include Airwick, Australia's Own, Bega, Cold Power, Finish, Mr Kipling, Nature's Way, Tamar Valley, Uncle Tobys, Vanish and Yumis.

Place them in the box provided in the School Office for our chance to earn some fantastic educational resources for our School.

Thank you for your support.

CANTEEN ROSTERS TERM 3	
Friday 18 August Lyn Nurzenski	Monday 21 August HELP NEEDED
Friday 25 August Michelle Kinsman	Monday 28 August HELP NEEDED
Friday 1 September Tanya Spiegl	Monday 4 September HELP NEEDED



# SIPAHH MILK FLAVOURING STRAWS

Available in Choc Mint, Cocoa Bean Chocolate, Strawberry and Cookies & Cream.

They come in a pack of 4 of each flavour for \$2. Alternatively, you are more than welcome to purchase a carton to help fundraise which contains 24 packs for \$44.00. That's only 50c per straw!

Each straw contains less than half a teaspoon of sugar!

I will be available every Monday and Friday morning and afternoon in the School Undercover area if you would like any further information or wish to make a purchase.

Thank you for your support!

Michelle Kinsman
P&F President

Santa Clara P & F

# **School Disco**

Kindy - Year 6

Friday 1<sup>st</sup> September 5.30pm till 7.30pm In the School Hall

Entry \$5 per child
Parents are welcome to stay for a gold coin
donation

Glow Sticks, Drinks and Treats available to purchase throughout the night Professional Photobooth & Photographer Lots of games & prizes

Drop off and pick up at the Pollock St gate
This event is for Santa Clara students only



## School Health Nurse Information

## **Asthma - Tips For Parents**

If your child lives with asthma:

- Find out and control or reduce trigger factors if possible, for example, by reducing exposure to household dust or keeping pets outside.
- Keep your home and car smoke free.
- Watch for signs of asthma when your child has a cold. Be ready to start the asthma management plan as soon as symptoms appear.
- If your child is unwell, tired and not full of energy, check with a doctor to assess if asthma
  management needs to be improved or changed.
- Help your child to take as much responsibility as possible for managing his or her own asthma.

#### **Asthma and Exercise**

Children with asthma should be encouraged to exercise or take part in sport, in order to strengthen their chest muscles and to keep fit. For some children, exercise may trigger an asthma attack. Children who cough, wheeze or become extremely breathless with exercise should be seen by a doctor. Using reliever medication, prescribed by your Doctor, before exercise, will reduce symptoms for most children who have asthma.

It is important to teach children how they can prevent their asthma attacks by using a puffer. Guidelines for the management of asthma and exercise are available through the Asthma Foundation of WA website.

### **Asthma First Aid**

Children with asthma can quickly become seriously ill. Asthma needs to be taken seriously. A child with a serious asthma attack may not sound wheezy, but may be pale, quiet and/or breathing with quick shallow gasps.

If someone is short of breath and wheezing from asthma, follow his or her Asthma Management Plan, or these first aid steps:

- **Step 1** Sit the person upright, remain calm and help the person stay calm. Do not leave the person alone.
- **Step 2** Quickly give four puffs of a reliever puffer (blue puffer), one puff at a time. This is best given through a spacer. Ask the person to take four breaths from the spacer after each puff. Use the puffer on its own if no spacer is available.
- **Step 3** Wait four minutes. If there is little or no improvement, repeat steps 2 & 3.
- **Step 4** If there is still little or no improvement, call an ambulance immediately 000. Continue to repeat steps two and three while waiting for the ambulance.

## Whooping Cough

- Whooping cough (Pertussis) is a bacterial infection. The infection is spread by droplets that are
  coughed or sneezed out. The illness usually starts with a runny nose and a cough, with long spells
  of coughing. The person will have many quick coughs in one spell and there will be an average of
  25 coughing spells a day. After a spell, young children may 'whoop'. They may also vomit. The
  coughing spells will start to subside after several weeks.
- If your child has whooping cough or has come in contact with whooping cough, see your doctor. Antibiotics are usually prescribed to treat whooping cough. Check that your child eats and drinks enough while they are sick.
- The child should stay away from school until five days after starting treatment, or if not treated, for three weeks from the start of symptoms. Any children under seven who have not been immunised and have been in contact with someone with whooping cough should be kept away from school for 14 days after the contact, or until they have been on antibiotic treatment for at least five days.