



Santa Clara School

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16 March 2017

IMPORTANT DATES

Friday 17 March:

- Years 5/6 Boys/Girls T20 Cricket Carnival at Raphael Park, Geddes Street, Victoria Park
- 2:30pm Assembly

SUNDAY 19 MARCH:

- 3RD SUNDAY OF LENT

Monday 20 March:

- 9:00am Morning Tea with Hilary (Social Worker) & Denise (Chaplaincy Worker) in Kindy

Tuesday 21 March:

- 6:00pm P&F Meeting
- 6:45pm School Board Meeting

Wednesday 22 March FOOTY COLOURS DAY

- Gold coin donation – All proceeds to Caritas

Friday 24 March:

- 9:00am Year 3 Participation Mass
- 2:00pm Mariana from Commonwealth Bank attending Assembly & opening new accounts
- 2:30pm Assembly

SUNDAY 26 MARCH:

- 4th SUNDAY OF LENT

COMING UP:

SUNDAY 2 APRIL:

- 5th SUNDAY OF LENT

Monday 3 April:

- 9:00am Year 3 Palm Sunday RE Assembly

Tuesday 4 April:

- 9:00am Year 4 Last Supper & Garden of Gethsemane RE Assembly

Wednesday 5 April:

- 9:00am Year 5 Stations of the Cross RE Assembly
- 2:00pm Music Assembly Pre-Primary to Year 6

THURSDAY 6 APRIL

- 9:00am Year 6 Resurrection RE Assembly
- LAST DAY OF TERM FOR STUDENTS

Prayer:

*"Kind words can be short and easy to speak,
but their echoes are truly endless."*

Mother Teresa

Dear Parents, Staff and Students

Jesus said... "I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another." **John**

Santa Clara School recognises Jesus Christ as the ultimate Head. He will be our school's vision. His Gospel, as it is transmitted by the Catholic Church, will be the basis for the school's shared outlook on life.

Christ is the Word who dwells among us (John 1:18) – the Word we experience through Tradition, Sacred Scripture, and in the lives of all who offer Christian witness.

In Catholic Education 'conduct is always more important than speech'.
Mandate Letter, Catholic Education Commission of WA

CURRICULUM HEALTHY FOOD AND DRINK POLICY

Schools are well placed to support healthy eating and in fact have a vital role to play in helping to reduce the worldwide epidemic of childhood obesity. Children should eat a wide range of foods so that they have the energy for learning and growing. Nutrition and physical activity

messages are being taught in the classroom to promote healthy lifestyles. Santa Clara has a long term vision of embracing a whole of school approach to ensure that the standards for healthy food and drink choices are consistent with these curriculum messages and apply to canteens, class parties, cooking activities, birthday treats, camps and excursions etc as well as other school community events involving the students.

PERMISSION TO TAKE CHILDREN TEMPORARILY OUT OF SCHOOL DURING SCHOOL HOURS (GREEN SLIP)

Please note that if you wish to take your child/children out of school during any school day, you must collect a green form from the office on the day. This will apply for all dental or doctor's appointments, early pick-ups, etc. **No child will be permitted to leave the school grounds without a form signed by a staff member from the School Office.**

ARRIVAL AND PICK UP TIME

Please remember that the children should arrive at school no earlier than 8.20am as that is when supervision for staff commences. School finishes at 3.00pm and the supervision for children ceases at 3.20pm. Please collect your children promptly at 3.00pm.

DROP OFF/PICK UP AND RIDE

All parents are to either park in the correct parking zones or use the DROP OFF/PICK UP AND RIDE system. The system must flow smoothly for the efficiency and safety of our students. We encourage parents to use this system and be patient. Parents are NOT to park in this area as it blocks traffic and causes drivers to become very frustrated. Parents are expected to stay in their car if using this system and not get out to open doors or find children.

Please follow the flow of cars and the Teacher(s) on duty normally gives direction if 'moving up' is required to make room for other cars waiting in the queue.

Please park in the available parking zones if you would like to walk over to your child / children or visit classroom teachers, etc.

Thank you for your understanding, patience and assistance in endeavouring to make our school a safe area for the dropping off and picking up of children.

The Staff Car Park is only for Staff Parking. Please refrain from parking in this area to pick up or drop off children. Thank you for your understanding.

SPEED LIMIT

I wish to remind parents and other road users that the speed limit in the school zone is **40 kmh**. This applies from 7.30-9.00am and again from 2.30-4.00pm. It would be very much appreciated if you would abide by the signs when dropping off and collecting your children.



wishing you a
RAINBOW
for **SUNLIGHT** after
SHOWERS
MILES & MILES OF **Irish** SMILES
for **golden** happy hours
shamrocks
for AT YOUR DOORWAY
LUCK & LAUGHTER too
a host of **FRIENDS** that never ends
each day your whole life through!

God Bless

Richard Win Pe
Principal

ASSISTANT PRINCIPAL NEWS

PROJECT COMPASSION CARITAS AUSTRALIA



Caritas Australia's annual Lenten fundraising and awareness-raising appeal brings thousands of Australians together in solidarity with the world's poor to help end poverty, promote justice and uphold dignity.



In 2017, Caritas will feature stories and show what can happen when faith, commitment and hard work combine together. Over the two last newsletters, I have highlighted some families from around the world who will be assisted by your donations to Project Compassion. This week, Semiti's story (from Fiji), is focused.

Semiti's Story – Fiji - Love Your Neighbour



Semiti grew up in an informal or 'squatter' settlement in Fiji. He is now Director of the People's Community Network, supported by Caritas Australia, which empowers thousands of landless Fijians living in informal settlements.

Semiti says, "Through the voice of the poor we can become one, and it's very powerful."

Semiti grew up in an informal, or 'squatter', settlement in Fiji. More than a quarter of Fiji's people live in these settlements, with little hope of finding permanent housing and land. Their situation is particularly vulnerable – many live in unstable shelters, and there is a constant threat of

extreme climate events. Children have few opportunities for education, and unemployment levels are high. There is little access to public services such as roads, water supply, electricity and garbage collection.

Now Semiti is working together with other residents of informal settlements to make positive changes. He is the Director of the People's Community Network (PCN), which Caritas Australia supports. PCN helps empower landless people in Fiji, enabling them to address the issues that affect their lives.

The network helps people in each settlement to advocate together to improve their living conditions. They work in committees on issues relating to health and hygiene; care of the elderly and of women who need empowerment; education needs; and unemployment.

Semiti and other informal settlement residents tell how PCN helps them work together as neighbours, in solidarity. Through their participation in housing, savings and education programs, they have formed common bonds, and have grown in resilience and in dignity.

One thing that my past taught me is to give back to the community what I have learned. I always tell them: I was once in your shoes." – Semiti

FOOTY COLOURS DAY – WEDNESDAY 22 MARCH 2017



Next Wednesday 22 March, students will have the opportunity to dress in their AFL footy teams' colours. This may include wearing your team's jumper or colours. The cost is a gold-coin donation and all monies raised will be given to Caritas Australia to help needy communities around the world.

YEAR THREE PARTICIPATION MASS – FRIDAY 24 MARCH 2017

The Year Three will be attending Mass at the Santa Clara Church on Friday 24 March 2017, commencing at 9:00am. Parents and families are welcome to attend.

ST PATRICK'S DAY – FRIDAY 17 MARCH 2017



Tomorrow, we celebrate St Patrick's Day. One traditional symbol of Saint Patrick's Day is the Shamrock.

The "Shamrock" is the common name for several different kinds of three-leaved clovers native to Ireland.

The shamrock was chosen Ireland's national emblem because of the legend that St Patrick had used it to illustrate the doctrine of the Trinity. The Trinity is the idea that God is really three-in-one: The Father, The Son and The Holy Spirit.

Patrick demonstrated the meaning of the Three-in-One by picking a shamrock from the grass growing at his feet and showing it to his listeners. He told them that just as the shamrock is one leaf with three parts, God is one entity with three Persons.

The Irish have considered shamrocks as good-luck symbols since earliest times, and today people of many other nationalities also believe they bring good luck.

T20 INTERSCHOOL CRICKET CARNIVAL – RAPHAEL PARK – FRIDAY 17 MARCH 2017

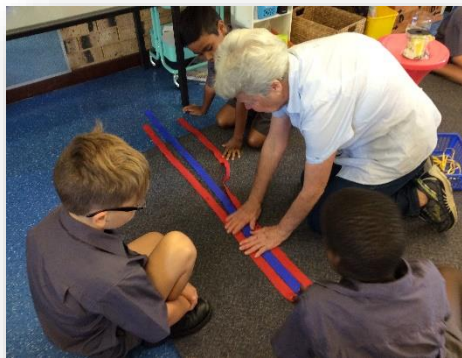
Tomorrow, Friday 17 March, one Year Five/Six Boys and Girls teams will represent the school in a T20 Cricket Competition. We wish both teams a great day with plenty of runs, catches and wickets. Good luck, everyone.

PUPIL FREE DAYS – FRIDAY 7 APRIL 2017 & MONDAY 24 APRIL 2017

Just a reminder for parents that Thursday 6 April 2017 is the last school day for students for the term. Staff will be attending a Protective Behaviour Workshop on Friday 7 April 2017 and a Professional Development day on Monday 24 April 2017. Please note Tuesday 25 April 2017 is a public holiday celebrating Anzac Day. I wish all students and parents a safe holiday and look forward to seeing everyone on Wednesday 26 April 2017.

Larry King
Assistant Principal RE & Admin

Welcome to Year 2



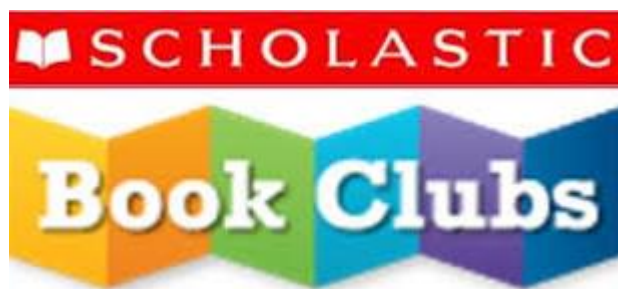
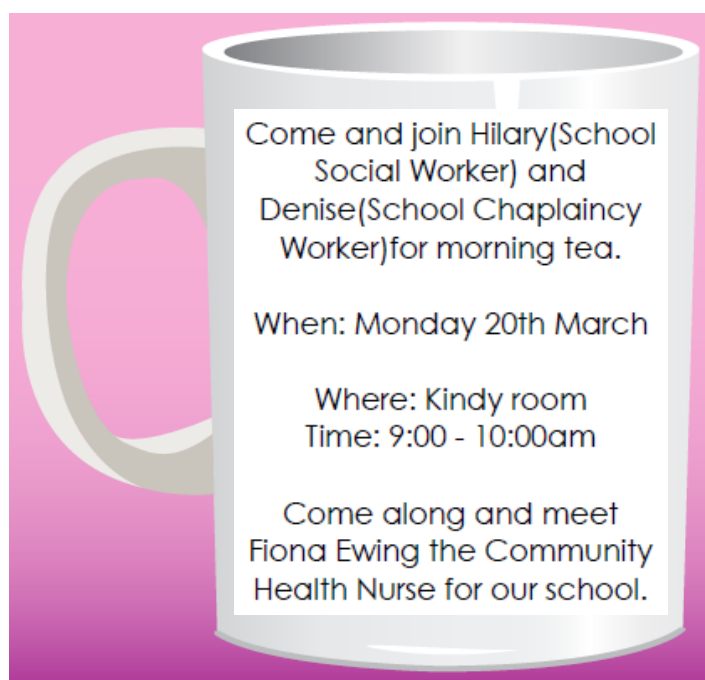
Measuring Length



Religion – Baptism

'Love Like Jesus'

Loving Actions
during Lent



Scholastic Book Club orders are due in by Friday 17 March 2017.

LOOP orders also close by Friday 17 March 2017.

Regards
Mrs Cotton

CANTEEN ROSTERS

Friday 17 March Erica Lwe	Monday 20 March Sharon Morris
Friday 24 March Thuy Phan	Monday 27 March Joanne Mazzoleni
Friday 31 March Tanya Spiegl	Monday 3 April Edith von Hofmann
FRIDAY 7 APRIL PUPIL FREE DAY – SCHOOL CLOSED	MONDAY 24 APRIL PUPIL FREE DAY – SCHOOL CLOSED

PARENT / TEACHER INTERVIEWS – THURSDAY 16 MARCH 2017

Parents are reminded that the Parent / Teacher interviews will be held Thursday 16 March 2017.

Students will depart school at 12:00noon and the Teacher / Parent interviews will commence at 12:30pm.

Parents please note that there will be NO childminding facilities available.

Families are asked to be prompt with picking up their children at 12:00noon. Parents will be contacted for children still waiting to be collected.

Out of School Care will be available should you wish to register your child/ren. Please see Keren for more information.

*Larry King
Assistant Principal RE & Admin*

Uniform Shop News

Winter Uniform order forms went home last week and are due back by Friday 24 March.

A date will be announced in the newsletter when orders are ready for collection.

*Winter Uniform is to be worn in
Terms 2 and 3.*

Thank you

Sonia Thiel
Uniform Shop Co-ordinator

CANTEEN NEWS

Friday Specials During Lent



Fish Burger \$4.50
Fish 'n' Gems \$4.00

Sonia Thiel
Canteen Manager

Easter Raffle



The P & F are again running a Chocolate Easter Raffle Fundraiser. We ask all families to kindly donate Easter chocolates. The chocolates need to be placed in the baskets in your child's classroom by **Tuesday 4th April**.

The raffle tickets will be given out to your child next week and need to be returned to the P & F box in the School Office foyer clearly marked and sealed by the due date. Please try to sell as many as you can; all monies will go to the improvement of our school.

Thank you for your support.



School Banking News

Mariana from the Commonwealth Bank will be at Assembly on Friday 24 March. She will be here from 2:00pm for those who would like to open an account.

**Lots of love from
\$\$\$ The School Banking Bunny \$\$\$**

School Health Nurse Information - Immunisation

Is your child attending Kindergarten for the first time?

Australia's peak medical organisation - the National Health and Medical Research Council - recommends that children who have turned 4 years of age should have the following booster immunisations:

- DTPa-IPV vaccine against diphtheria, tetanus, pertussis (whooping cough) and polio;
- MMR vaccine against measles, mumps and rubella, and;
- All other WA schedule vaccinations recommended.

Your child can have these immunisations from 3 ½ years of age.

If your child has missed out on vaccinations, a doctor or immunisation nurse can provide 'catch-up' vaccinations.

Make an appointment with a GP or visit the local (free) immunisation clinic run by Child & Adolescent Community Health (call 6151-1308 to book).

Did you know that as parents you can ring the National registry or go to the web site to check out your child's immunisation status? All you need is your Medicare number. Phone 1800 653 809 or access the web site: www.humanservices.gov.au or email air@humanservices.gov.au.

NursePrac Australia clinics at Cockburn Integrated Health, 2017

NursePrac Australia is a new health service providing children's healthcare by paediatric nurse practitioners in the primary care setting. We include families in care and offer them skills to manage confidently at home. We have a shared-care model with paediatric specialists from Fiona Stanley Hospital. We are focusing on childhood illnesses and conditions that affect many children and young people and aim to reduce unnecessary referrals to Emergency Departments and medical specialists.

ItchyScratchySkin: Eczema

ItchyScratchySkin is a nurse practitioner-led eczema model. At our clinic we offer community based eczema care. This allows children and their families to have eczema treated promptly and conveniently and learn skills for self-care. In addition to the clinic, we run small group workshops for families to learn about eczema and how to manage it day-to-day. We suggest families attend a workshop before booking their first clinic visit.

Optimal Weight for Life: OWL

OWL is for children and young people who are overweight or obese. This wellness-focused model encompasses a whole of community approach to help children, young people and their families to make life-long changes. OWL also links with other programs in the Cockburn area that help people meet their goals for a healthier weight.

One in four Australian children aged 2–17 is overweight or obese (18% overweight and 7% obese). In 2016, Fiona Stanley Hospital reviewed patients attending paediatric outpatient clinics for any reason and identified a rate of 26% (overweight = 15.5%, obese = 11%).



The OWL program includes:

- health assessment and screening by paediatric nurse practitioners
- paediatrician review
- referral to health lifestyle program
- psychosocial support
- health and wellness education
- ongoing follow-up and review

Referrals

No medical referral is required for these clinics and families can self-refer.

NursePrac Australia

Level 1, 11 Wentworth Parade, Success, WA 6164

phone: (08) 6243 1711

fax: (08) 6243 1702

email: info@nurseprac.com.au

website: www.nurseprac.com.au

facebook: <https://www.facebook.com/NursePrac.com.au/>

School Health Nurse Information – Screen Time

Children and adolescents should not spend more than two hours a day on screen based activities. Excessive screen time often leads to poor health, poor fitness and overweight.

Activities like surfing the net, social networking, watching TV and playing screen games can be educational and fun, but all involve sitting still for long periods of time. Set family rules around screen time and encourage your child to try a range of active pastimes, especially during daylight hours.

For more information, go to http://raisingchildren.net.au/articles/screen_time.html/context/207