

91 Coolgardie Street, St James WA 6102 Ph 9251 0400

CANTEEN SUMMER MENU TERM 1 2016

The Canteen is open from 8:20am each Monday & Friday.

Canteen orders for Kindy (Fridays), Pre-Primary, Year 1 & Year 2 are to be placed in the boxes provided in the classrooms.

Canteen orders for Years 3 – 6 are to be taken directly to the Canteen before 8:50am.

Please ensure all lunch order bags are prepared prior to arriving at school and include child's name and class and preferably correct money. If change is needed it will be taped to the front of the bag. No foreign coins please. Late orders will only receive a Vegemite Sandwich.

VOLUNTEERS ARE ALWAYS WELCOME.



Our Canteen follows the Department of Education's Healthy Food and Drink policy and "traffic light" system and has been accredited by the City of Canning.

- R Red items not on the menu
- A Amber items limited on menu, select carefully
- G Green items fill the menu, healthy choice

SANDWICHES, ROLLS AND WRAPS

Available Monday and Friday

Sandwich Roll or Wrap

Vegemite

Cheese \$2.50 \$3.50 G

Egg Ham

Sandwich Roll or Wrap

Ham & Salad

Chicken & Salad \$3.50 \$4.50 G

Tuna & Salad Egg & Salad

(salad consists of carrot, tomato, cucumber, lettuce)

Extras cheese, beetroot, pineapple add 20c each

TOASTED SANDWICHES

Available Monday and Friday

Cheese	\$3.00 G
Ham	\$3.00 G
Cheese & Tomato	\$3.50 G
Ham & Cheese	\$3.50 G
Ham, Cheese & Tomato	\$4.00 G
Chicken	\$3.50 G
Chicken & Cheese	\$4.00 G
Chicken, Cheese & Tomato	\$4.00 G
Baked Beans	\$3.00 G
Spaghetti	\$3.00 G

Please make sure you write TOASTED next to your selection.







MONDAY SPECIALS

Pizza – Ham & Pineapple \$3.00 A **Sweet Corn Cobette** \$1.00 G **Chicken Nuggets** 4 for \$3.00 A 6 for \$4.50 A **Lasagne Tray** \$4.00 G **Hot Dog with Sauce** \$4.00 A Rice Paper Rolls & Hoisin Sauce 2 for \$4.00 G (rice noodles, chicken, lettuce, carrot, fresh herbs) Chicken Caesar Salad \$5.00 G (lettuce, chicken, croutons, bacon, parmesan, dressing) Garden Salad \$4.00 G (lettuce, tomato, carrot, cucumber)







FRIDAY SPECIALS

Twista Bolognese	\$4.00	G
Sweet Corn Cobette	\$1.00	G
Chicken Burger with Salad	\$4.20	G
(lettuce, tomato, carrot, cucumber, ma	ayo)	
Cheeseburger with Salad	\$4.20	G
(cheese, tomato sauce, lettuce, carrot	, cucumb	oer)
Fillet O'Fish & Gems	\$4.00	Α
Garden Salad	\$4.00	G
(lettuce, tomato, carrot, cucumber)		

Tomato Sauce 40c Tartare Sauce 40c Salad Dressing 40c



DRINKS

These drinks are available for recess and can be ordered with lunch.

Plain Milk	250ml	\$1.00 G
Flavored Milks		
Chocolate	300ml	\$2.00 G
Banana	300ml MILK	\$2.00 G
Strawberry	300ml	\$2.00 G
Pop Top 99% Juice		
Apple	250ml	\$1.50 A
Apple & Blackcurrant	250ml	\$1.50 A
Water	600ml	\$1.50 G

RECESS

A *selection* of the following items will be available at 10:30am for Recess on Mondays & Fridays. *Please note that these items will not be available to order for lunch. Kindy cannot order recess items.*

Pikelets	50c	G	
Apple Slinky	50c	G	
Fresh Fruit Pieces	50c	G	
Jelly Cup with Fruit & Custard	\$1.00	G	
Watermelon Slushy	\$1.00	G	
Fruit Muffin	\$1.00	G	
Chocolate Date Cake & Custard	\$1.00	Α	
Cheesies	\$1.00	G	
Yummy Drummies	\$1.50	Α	
Organic Pop Corn	\$1.50	G	
Nachos (Friday only)	\$2.00	Α	
Pizza Slice (Friday only)	70c	Α	

LUNCHTIME

The following items will only be available at Lunchtime from 1:00pm to 1:25pm at the canteen so please don't put these items on lunch orders (exception for Kindy and Pre-Primary).

Quelch Juice Stick		\$1.00	Α
Zing Ice Stick		\$1.00	Α
Fandangles – Various Flavours		\$1.50	Α
Bulla Frozen Yoghurt - Mango or	Strawberry	\$2.00	Α
Light Ice Cream Bucket		\$2.00	Α
LOL 99% Fruit Juice	250ml	\$2.00	Α
Vege Chips		\$1.00	Α

