

CANTEEN WINTER MENU TERMS 2 & 3 2015

The Canteen is open from 8:20am each Monday & Friday.

Canteen orders for Kindy (Fridays), Pre-Primary, Year 1 & Year 2 are to be placed in the boxes provided in the classrooms.

Canteen orders for Years 3 – 6 are to be taken directly to the Canteen before 8:50am.

Please ensure all lunch order bags are prepared prior to arriving at school and include child's name and class and preferably correct money. If change is needed it will be taped to the front of the bag. No foreign coins please. Late orders will only receive a Vegemite Sandwich.

VOLUNTEERS ARE ALWAYS WELCOME.



Our Canteen follows the Department of Education's Healthy Food and Drink policy and "traffic light" system and has been accredited by the City of Canning.

- R Red items not on the menu
- A Amber items limited on menu, select carefully
- G Green items fill the menu, healthy choice

SANDWICHES & ROLLS

Available Monday and Friday



Vegemite	<u>Sandwich</u> \$1.80	<i>Roll</i> \$2.00 G
Salad Only	\$3.00	\$3.50 G
Cheese Only	\$3.00	\$3.50 G
With Salad	\$3.50	\$4.00 G
Egg Only	\$3.00	\$3.50 G
With Salad	\$4.00	\$4.50 G
Ham Only	\$3.00	\$3.50 G
With Salad	\$4.00	\$4.50 G
Chicken Only	\$3.50	\$4.00 G
With Salad	\$4.50	\$5.00 G
Tuna Only	\$3.50	\$4.00 G
With Salad	\$4.50	\$5.00 G

Wraps

Wholemeal Lebanese Bread

With Egg or Ham or Chicken or Tuna

& Salad \$4.50 G

Extra: Cheese 20c

Beetroot 20c Pineapple 20c



MONDAY ONLY SPECIALS

Pizza – Ham & Pineapple	\$3.00 A
Sweet Corn Cobbett	\$1.00 G
Party Pie (limit 4)	\$1.50 A
Chicken Nuggets	4 for \$2.50 A
Lasagne Tray	\$4.00 G
Hot Dog with sauce	\$4.00 A



Sweet Chilli Chicken Wrap

With Lettuce, Tomato, Cucumber

& Mayonnaise \$4.50 G \$4.00 G **Homemade Soup and Roll**

Extra: **Tomato Sauce 40c**

Tartare Sauce 40c



FRIDAY ONLY SPECIALS

Twista Bolognese	\$4.00 G
Sweet Corn Cobbett	\$1.00 G
Chicken Burger with Salad	\$4.20 G
Cheeseburger with Salad	\$4.20 G
Fillet O'Fish & Gems	\$4.00 A
Homemade Soup and Roll	\$4.00 G

Tomato Sauce Extra: 40c

Tartare Sauce 40c

TOASTED SANDWICHES



Cheese	\$3.00 G
Ham	\$3.00 G
Cheese & Tomato	\$3.50 G
Ham & Cheese	\$3.50 G
Ham, Cheese & Tomato	\$4.00 G
Chicken	\$3.50 G
Chicken & Cheese	\$4.00 G
Chicken, Cheese & Tomato	\$4.50 G
Baked Beans	\$3.00 G
Spaghetti	\$3.00 G

DRINKS

These drinks are available for recess and can be ordered with lunch

Plain Milk Cup	250ml	E	\$1.00	G
Flavored Milks				
Chocolate	300ml	MIK 53	\$2.00	G
Banana	300ml		\$2.00	G
Strawberry	300ml	"" "	\$2.00	G
Fruit Juice Pop Tops 99% Juice				
Apple	250ml		\$1.50	Α
Apple & Blackcurrant	250ml		\$1.50	Α
Water	600ml		\$1.50	G

RECESS

A *selection* of the following items will be available at 10:30am for Recess on Mondays & Fridays. *Please note that these items will not be available to order for lunch. Kindy & PP cannot order recess items.*

Pikelets	50c	G
Apple Slinky	50c	G
Fresh Fruit Pieces	50c	G
Jelly Cup with Fruit & Custard	\$1.00	G
Plain Popcorn	60c	G
Noodle Cup	\$1.00	G
Pizza Slices (Friday only)	70c	G
Cheesies	\$1.00	G
Yummy Drummies	\$1.50	Α
Nachos (Friday only)	\$2.00	Α
Warm Milo	\$1.00	G



LUNCHTIME

The following items will only be available at Lunchtime from 1:00pm to 1:25pm at the canteen so please don't put these items on lunch orders (exception for Kindy and Pre-Primary).

100% Juice Sticks		\$1.00 ea A
Fandangles - Fairy Floss or Choc	Shmallow	\$1.50 ea A
Bulla Frozen Yoghurt		\$2.00 ea A
Light Ice Cream Bucket		\$2.00 ea A
LOL 99% Fruit Juice	250ml	\$2.00 ea A
Vege Chips		\$1.50 ea A

